

DIZZY EVALUATION

Name: _____ Date: _____

When did your dizziness first occur? _____

A. Circle YES or NO and Specify if indicated

- | | | |
|--------------------------------------------------------------------------------------------------|-----|----|
| 1. My dizziness is constant | Yes | No |
| 2. My dizziness comes in attacks. If in attacks, how often _____
How long do they last? _____ | Yes | No |
| 3. Can you tell when an attack is about to start? | Yes | No |
| 4. Does change of position make you dizzy? | Yes | No |
| 5. Do you have trouble walking in the dark? | Yes | No |
| 6. When you are dizzy, can you stand up unsupported? | Yes | No |
| 7. Are you completely free of dizziness between attacks? | Yes | No |
| 8. Do you know the possible cause of your dizziness?
If yes, what? _____ | Yes | No |
| 9. Do you know anything that will: | | |
| • Cause an attack | Yes | No |
| • Stop your dizziness or make it better? | Yes | No |
| • Make your dizziness worse? | Yes | No |
| 10. Were you exposed to any irritating fumes or gases? | Yes | No |
| 11. Do you have any allergies? | Yes | No |
| 12. Did you ever injure your head? If yes, were you unconscious? _____ | Yes | No |
| 13. Do you take any medications regularly? If yes, what? _____
_____ | Yes | No |
| 14. Do you smoke? If yes, how much? _____ | Yes | No |

B. When dizzy, do you experience any of the following?

- | | | |
|-------------------------------------------------------------------------------|-----|----|
| 1. Lightheadedness | Yes | No |
| 2. Swimming sensation in head | Yes | No |
| 3. Objects spinning around you | Yes | No |
| 4. Sensation that you are spinning, with outside objects remaining stationary | Yes | No |
| 5. Tendency to fall – which way _____ | Yes | No |
| 6. Loss of balance when walking – to the right or left _____ | Yes | No |
| 7. Headache | Yes | No |
| 8. Nausea or vomiting | Yes | No |
| 9. Pressure in the head | Yes | No |

C. Do you experience any of the following?

- | | | | | | |
|----------------------------------------------------|-----|----|-----------|-------|------|
| 1. Difficulty in hearing | Yes | No | Both ears | Right | Left |
| 2. Noise in your ears – If yes, describe:
_____ | Yes | No | Both Ears | Right | Left |
| 3. Fullness in your ears | Yes | No | Both Ears | Right | Left |
| 4. Pain in your ears | Yes | No | Both Ears | Right | Left |
| 5. Discharge from your ears | Yes | No | Both Ears | Right | Left |

D. Do you experience any of the following?

1. Double Vision	Yes	No	Constant	In episodes
2. Numbness of face or extremities	Yes	No	Constant	In episodes
3. Blurred Vision or blindness	Yes	No	Constant	In episodes
4. Weakness in arms or legs	Yes	No	Constant	In episodes
5. Clumsiness in arms or legs	Yes	No	Constant	In episodes
6. Confusion or loss of consciousness	Yes	No	Constant	In episodes
7. Difficulty with speech	Yes	No	Constant	In episodes
8. Difficulty with swallowing	Yes	No	Constant	In episodes

E. Family History

1. Do you or a member of your family have a hearing loss? If yes, what type? Yes No

2. Do you or a member of your family have dizzy problems? If yes, what is the cause? Yes No

3. Do you or a member of your family have any of the following:
 - Meniere's Disease Yes No
 - Acoustic Neuroma Yes No
 - Otosclerosis Yes No
 - Middle Ear Fluid Yes No
 - Perforated Eardrum Yes No
 - Multiple Sclerosis Yes No
 - Hearing Loss due to age Yes No
 - Sudden Nerve Hearing loss Yes No
 - Other _____

F. Head Injury

1. Have you ever been knocked unconscious? If yes, How? _____ Yes No

2. Do you have or have you ever had any of the following?
 - Whiplash Yes No
 - Skull Fracture Yes No
 - Neck Injury Yes No
 - Back Injury Yes No
 - Eye Problems Yes No
 - Other _____

G. Ototoxic Drug History

1. Have you taken any of the following? If yes, list quantity and duration
 - Neomycin Quantity _____ How Long _____ Yes No
 - Streptomycin Quantity _____ How Long _____ Yes No
 - Kanamycin Quantity _____ How Long _____ Yes No
 - Quinine Quantity _____ How Long _____ Yes No
 - Aspirin Quantity _____ How Long _____ Yes No
 - Diuretics Quantity _____ How Long _____ Yes No

