

Do I Have Sinusitis?

Sinusitis is inflammation of the lining membrane of any sinus. Take the following quiz to see if you have sinusitis.

Choose "yes" if you have any of the following symptoms for ten days or longer; otherwise, choose "no."

1. Facial pressure/pain? __yes __no
2. Headache pain? __yes __no
3. Congestion or stuffy nose? __yes __no
4. Thick, yellow-green nasal discharge? __yes __no
5. Low fever (99-100°)? __yes __no
6. Bad breath? __yes __no
7. Pain in the upper teeth? __yes __no

If you answered "Yes" to three or more of the symptoms listed above, you may have a sinus infection resulting from allergies, bacteria, or a response to fungi. An examination by an ear, nose, and throat specialist may be warranted.